

Food Reimagined

by LIVEADE

experience **7-in-1**

Super Smoothie

Using only functional whole food ingredients,
Moringa Blend supports healthy:

- Digestion
- Weight management
- Detoxification
- Metabolism
- Glycemic level
- Nutrition
- Energy



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7 in 1 Collard Green Smoothie

(32 oz. serving / 250 calories)

Ingredients:

- 1 ½ cup of strawberries or fruit of your choice....raw or frozen
- ½ cup of fruit juice (lite or sugar-free)
examples: orange, strawberry, banana, mango or apple
- 1 ½ cup spinach leaves
- 1 ½ cup chopped raw collard greens
(you will never taste the spinach or collard greens, only the fruits)
- 1 scoop of LiveAde Moringa Blend
- 6 to 12 ice cubes
(blend using a 400 to 600+ watt blender until smooth)
- ¼ teaspoon Crystal Lite or 2 drops of Stevia optional for sweetness
- ¼ - ½ cup water optional

Collard Green Smoothie Benefits:

- All the minerals, bulk fiber, enzymes, amino acids, plant proteins, vitamins, phyto-nutrients and electrolytes that come from eating raw foods
- 3 vegetables and 3 fruit servings per 32 ounces
- A great meal-replacement for quick weight loss
- Rapid regeneration while processing through an unhealthy habit
- An affordable, gentle, safe master cleanse and detox formula
- The best daily maintenance drink on the market
- A good source of electrolytes, phyto-nutrients and glutathione

It's your metabolism!

Struggling with weight loss, exercise, depression, digestion, glycemic and cholesterol levels may be the result of your metabolism. It's a known health fact that metabolic deficiencies are why the body resist change. Moringa blend takes aim at this health issue with our 7 in 1 super green smoothie. In fact, our solution; 1 scoop with 7 benefits and multiple applications allows you to get healthy your way.